Grand Lodge of Connecticut, Al 69 Masonic Avenue Wallingford, CT 06492











Call to the 235th Annual Communication

Call to Connecticut Freemasons Foundation, Inc., Meeting

Call for Nominations to Masonicare Board Service

Good and Wholesome Work

THIS ISSUE

2023-2024 Officers of the Grand Lodge AF & AM of Connecticut



Bro. Joseph J. Porco Most Worshipful Grand Master

Bro. Edward C. Page RW Deputy Grand Master

Bro. Rinaldo F. Magliano RW Grand Senior Warden

Bro. Shane Dufresne RW Grand Junior Warden

Bro. Thomas Gondek RW Grand Treasurer

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Bro. F. Matthew Heinrich, Jr. RW Grand Senior Deacon

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Bro. James Anthony Moran, Jr. RW Grand Marshal

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Bro. Christopher J. Earle RW Grand Chaplain

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Bro. Frederick A. Marotti Associate Grand Tiler

Bro. Daniel W. Nichols Associate Grand Tiler

Bro. Brian E. Beals Deputy Grand Treasurer

Bro. Gregory K. Whitehouse Deputy Grand Secretary

Bro. Robert F. Polito, Jr. Assistant to the Grand Master

Not just a man. A Mason.







Table of Contents

Good and wholesome work	ర
The Call to the 235th Annual Communication	4
Grand Master's Message - Joseph J. Porco	5
Welcome to Our New Brothers!	6
Deputy Grand Master's Message - Edward C. Page	7
Masonicare Call for Nominations for Board Service	9
Grand Chaplain's Corner	9
Called by The Grand Architect	9
Connecticut Freemasons Foundation Inc., Call to Meeting	10
Congratulations to Our 50-year Brothers!	10
Connecticut's Two Lodges of Research	11
We Are Your Masonicare	12
From the Desk of Jon-Paul Venoit	13
Annual Gala Dinner to Honor Edward C. Page	14
Lafayette Consistory, AASR	15
Education Equals Success in the 7th Masonic District	16
Districts 9, 8, 6, 5, 4, 2	17-24
Remembering a Good Friend and a Good Mason	24
Hamilton Council No. 9 Hosts The 13th Annual Robert J. DiPasquale Memorial Surf and Turf Dinner	25
Connecticut Masonic Scouters Association Commend Eagle Scouts	26
The Garibaldi EA Degree in Italian - NYC Bus Trip	27
Norma Brandt Nursing Scholarship	28
Legal Notice - Masonic Buildong Association of Middletown, Inc	28
Masonicare is Here for You	29
Booster Lists	30
Craft At Labor, Craft At Refreshment	31
CT DeMolay 16th Annual Golf Tournament & Registration Form	32-33
Connecticut Freemasons University	34
Masonic Family Day 2024 Flyer	34
Masonic Family Day 2024, A Fundraiser for Masonicare	35
Masonicare CareConnect Navigator Program	36

Letters, articles, and advertisements may be sent to the Editor Frank Way at **submissions@ctfreemasons.net** and are due on the 10th of the month prior to the next issue.



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Good and Wholesome Work

by Francis G. Way

The large influx of new brothers over the past year, it is only natural that some, when raised, may be asked to step into officer chairs in the line. While not every brother raised will have the desire to become an officer and may wish to contribute to lodge life in other ways, those who do should be given every advantage to make their journey to the East enjoyable, exciting, and fulfilling.

Over the years, I have seen lodges that merely require lodge officers to "know their part." But the lodges that seem to have the healthiest officer line and highest morale also have officer duties that are clearly spelled out and mentor those officers along the way. While officer duties may vary from lodge to lodge, I will use the example of my mother lodge, Level Lodge No. 137, to illustrate how they may be accomplished.

Many officer duties are outlined in the rules and regulations and our ritual. The Wardens, obviously, must be ready to take over and preside in the Master's absence. The Tiler is the outer guard, keeping off cowans and eavesdroppers. But officers may have other "traditional" duties in the lodge.

Our Stewards were always expected to properly furnish the tables for refreshment in concert with the Junior Warden, but a trip to Costco or BJ's Wholesale Club was not out of the question. The first section lecture of each degree was also their responsibility, in keeping with the name "the Stewards lecture."

The Junior Deacon had the responsibility of laying out the aprons, staffs, jewels, Great Lights, tapers, columns, and gavels and making sure the lodge room was in proper order for the evening. The first time I took on that duty it was a bit daunting, but by the end of my term as Junior Deacon I enjoyed that quiet time before the degree or communication, filled with anticipation of brotherhood and labor. With little ritual and only occasional visitors arriving after we were opened, that extra duty made me feel a part of things.

The Senior Deacon had many traditional duties, and it was a requirement to do the Middle Chamber lecture at least once during the Senior Deacon year to be elected as Junior Warden. Obviously conducting and receiving were a large part of the year, but also welcoming visiting brethren, with an emphasis on "welcome," was included. As the Senior Deacon "ran the floor" (think of a senior non-commissioned officer in a military unit), he also would double check the work of the Junior Deacon before a communication and pay special attention to the floorwork in degree rehearsals.

The Wardens, aside from their regular duties, were wise to begin planning their year in the East. The Junior Warden was encouraged to contact the Grand Senior Warden and ask for him to attend his installation as Worshipful Master. By that time, the Grand Senior Warden would be Grand Master. Plans made early for activities and programs can be fleshed out and modified if necessary.

Other responsibilities of all officers were to attend the appropriate lodge officers seminars put on by the Grand Lodge Committee on Masonic Education and study the ritual of the officer one chair ahead in the line. That helps especially with the Junior Deacon—there is not much ritual that year and ample time to learn the Middle Chamber.

These traditional duties may vary from lodge to lodge, obviously. But the advantage of having duties that grow in importance as the officer progresses is that officers feel more a part of the line and less of a brother who just recites a couple of lines during opening and closing. As a fraternity, we have long said that putting a brother to work – to give him a "job" in which he is interested and invested – is one of the best ways of retaining a brother. That works doubly so for officers.

Lastly, strong and friendly mentoring along the way (ideally from a well-versed and pleasant Senior Deacon for junior officers) will ensure that these new brothers initiated in 2023-2024 and who are chosen as officers will also be great Worshipful Masters in the future.

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THE MOST WORSHIPFUL GRAND LODGE OF ANCIENT FREE AND ACCEPTED MASONS

OF THE STATE OF CONNECTICUT

JAMES M. ANDERSON GRAND SECRETARY 69 Masonic Avenue Wallingford, CT 06492



BUSINESS PHONE (203) 679-5903 FAX NUMBER (203) 679-5996 grandsecretary@ctfreemasons.net

235th ANNUAL COMMUNICATION

OF THE MOST WORSHIPFUL GRAND LODGE A.F. & A.M. OF THE STATE OF CONNECTICUT

The 235th Annual Communication of the Most Worshipful Grand Lodge A.F. & A. M. of Connecticut will be held at the **Marriott Hartford/Windsor Airport, 28 Day Hill Road, Windsor, CT 06095** (I91, exit 38), on **Saturday, April 6, 2024.** The formal opening of the Grand Lodge will be at 9:30 A.M.

This is the "CALL" to that meeting.

Registration will start at 8:00 A.M. Please note: **All voting delegates must register at the registration table and present their 2024 Dues Card to the Grand Tiler upon entry to the session**. Registration will be by Home/Primary Lodge number as designated by posted signs in the area.

A proxy form will be sent directly to the Lodge Worshipful Master, Senior Warden and Junior Warden should they: 1) not be able to attend this Annual Communication in person [proxy must be executed in advance]; 2) be entitled to vote by virtue of holding one of these offices in more than one lodge; 3) be entitled to vote by virtue of being a Grand Lodge Officer or a permanent member of Grand Lodge. Please inform any brother who is attending as a proxy that he must present his 2024 dues card. All brothers entitled to vote should bring the apron and jewel of their office, whether as permanent member, lodge officer or serving as proxy.

Your attendance at this Annual Communication is important. We will consider available reports of Standing and Special Committees, Grand Lodge Officer reports, and any other business proper to be considered, all subject to the usual rules. **There may be certain changes to the Rules & Regulations which will be considered for adoption**.

Please note the following Sections of our Grand Lodge Rules and Regulations regarding Lodge representation:

Section 2301. Penalty if Lodge Is Not Represented at Regular Grand Lodge Communication: (reads in part) "A Lodge neglecting to be represented at a Regular Grand Lodge Communication shall incur the penalty of two hundred and fifty (\$250) dollars ..."

The Grand Lodge Office cannot make hotel reservations. Lodges and brothers are responsible for making their own reservations with the **Marriott Hartford/Windsor Airport.** We encourage you to make your hotel reservations as soon as possible. Room rate is \$129 per night plus tax. Last day to book is **Friday, March 8, 2024**. To reserve your room use this link: https://www.marriott.com/event-reservations/reservation-link.mi?id=1704310896526&key=GRP&app=resvlink or call 860-688-7500 (ask for Grand Lodge AF & AM of Connecticut when making reservations by phone).

VOTING: Grand Lodge Officers, Past Grand Masters, District Deputies, Past District Deputies, current Associate Grand Marshals, and current Grand Lodge Standing Committee members must register in order to vote. Each voting delegate **will register only once, either by virtue of his highest attained Grand Lodge Masonic office or Committee Membership or, if he chooses, as an elector (proxy) on behalf of his lodge.** The use of proxies is encouraged where appropriate to ensure full representation of constituent lodges.

FRIDAY BANQUET: The Grand Master's Banquet for Grand Lodge Officers, Distinguished Guests, members of the Craft and their ladies will be held on Friday evening, April 5, 2024, at 7:00 pm with a social hour at 6:00 pm in the Windsor Ballroom. All brothers and their ladies are invited to attend. Please make every effort to send your reservation in early as tickets to this banquet are sold on a first come - first serve basis. The **deadline for reservation tickets is March 8, 2024**.

A banquet reservation form for the Friday night banquet is included in this publication. The entrée will be <u>Filet Mignon \$60.00</u>, Herb Frenched Chicken \$60.00, Filet of Salmon \$60.00, or Vegetarian \$60.00 and all by advance order. All prices are per person and include tax and gratuity. Please make all checks payable to the "Grand Lodge of Connecticut" and mail with the banquet reservation form. Banquet tickets will be mailed to those placing an order **PRIOR TO MARCH 8, 2024.** It would be appreciated if a self-addressed, stamped envelope (SASE) was also included. For orders received after that date, tickets will be held at the door.

SATURDAY LUNCH: On Saturday, April 6, 2024, at 12:00 Noon, the <u>Past District Deputies Association of Connecticut</u> will host a luncheon. Lunch choices are Roast Beef Sandwich for \$35 or Grilled Chicken Caprese for \$40. <u>All prices are per person and include tax and gratuity.</u> All brothers are invited to attend. See reservation form included in this publication. Reservations can be mailed to Bro. Brian Beals, 175 Mercier Ave, Bristol, CT 06010 or call 860-620-4102. **Reservation deadline is March 8, 2024**. Lunch will also be available at other venues in the surrounding areas.

Brother Lodge Secretary, please note that proxy forms will be mailed directly to the top three officers of your Lodge. Please remind them of their responsibility to be present at Grand Lodge or to sign their proxy and give it to someone else.

With my fraternal best wishes

Tames M. Anderson

R.W. Grand Secretary

February 1, 2024

Grand Master's Message

by MWB Joseph J. Porco

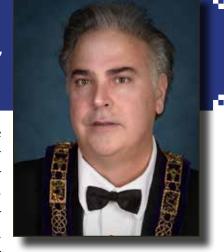
warm greeting to all. April 2024 has arrived, and my service to the Craft as Grand Master has concluded. Our written Proceedings will contain a recap of our accomplishments over the last 12 months and a robust list of individuals to whom much gratitude and recognition will be recorded. My departing recommendations will be stated. I look forward to reviewing all of the Annual Committee Reports. Therein brethren can reflect upon the state of this jurisdiction in regard to the progress and contributions made by our committees, Foundation, Trustees, and our closing financials. The state of this jurisdiction has been strengthened. Our opportunity for future growth is not a matter of discovering new information but rather letting go of false beliefs and unleashing our full potential. At this time, I wish to express my admiration for the entire Craft and especially those who embraced challenges, tackled objectives, and graciously executed tasks that I placed before them that moved our jurisdiction forward.

Visionary leadership is not a one-man job of setting a strategic direction. It requires a committed team sharing a vision. That vision must tell a story about why change is worth pursuing and must inspire people to embrace it. That is where, I believe, the rubber meets the road. Challenges can be overcome when additional focus is placed on creating alignment before attempting to execute a strategy. While creating alignment can itself be a challenge, long term, that is the ideal. In Connecticut, the Grand Master has just 365 days to serve, and a successful outcome requires decisive action and a willingness to take ownership if planning fails. Success, on the other hand, when achieved, belongs to the stakeholders—the Craft.

Knowing that time did not allow for a more robust dialog, the course I charted focused on a small group of fully committed brothers who believed in the vision of Project Blue Wave's membership program. It was approximately 20 Lodges that took on the responsibility of proving that we could produce the results we sought. In other words, a rising tide would lift all boats. After one year of commitment, I am pleased to report that every district in our jurisdiction has positive net growth. People are persuaded by value. Brothers remain engaged when they perceive value, and some are driven to create it. That fact applies across the board, from a man watching a video on the internet who becomes motivated to make an inquiry, then moves forward with a petition, and ultimately becomes a member. Deliver value, and success will follow.

Over the last 12 months, we accomplished an objective that has eluded us for 60 years; increasing membership. Connecticut Freemasonry has turned the tide and achieved positive 'net'

We membership growth. added a record number of new members and substantially reduced the count of nonpaying-dues members. Equally important, enhanced we public awareness of



fraternity by deploying digital communication resulting in over 3,000 Connecticut men making an initial inquiry to learn more about our fraternity. This is a dramatic 10-fold inquiry increase over the previous years when inquiries were less than 300. Our techsavvy brothers will be pleased to know that our technology partner recorded over 2 million digital impressions. These impressions are like seeds planted for a future harvest. Today, inquiries continue to flow forward at a rate of approximately 300 per month.

As of March 10, we have a true membership count of 7,184. This figure removes the counting of dual memberships. This year's additions of new brothers are part of that true count and represent a gain of 6.6 percent relative to April's starting figure of 6,737. Lodge Prospect Managers have done a great job. The conversion rate (inquiry to candidate) exceeded 15%. Workflow produced an acquisition outcome that we can be proud of. The expenditures of Project Blue Wave were completely offset by tangible gains, and the record reflects that Project Blue Wave has more than paid for itself in the very first year. As membership continues to grow, the net gain will compound year over year.

Comparative Totals, year over year (April to April), are recorded in the Proceedings and to be part of my communication at the Annual Session. This year 2023-2024, membership additions exceeded losses for the first time in decades. We outpaced membership losses, producing positive 'net' membership additions.

When I took office, I pledged that I would endeavor to move this jurisdiction forward with actions to strengthen our membership and enhance our outreach to men in our communities. Together with the help of the Membership Committee, our Grand Lodge officers, and the Craft at large, the pledge made has been fulfilled. The outcome we achieved has significantly contributed to the long-term welfare of this jurisdiction. The outreach initiated and the oversight of the Membership Committee, along with the effort made in every district, has delivered the rewards that Project Blue Wave brought forth.

Continued on page 6

Grand Master's Message continued from page 5

Action is still needed if success is to continue. While our present momentum is fantastic, it won't count for much unless it remains grounded in thoughtfulness, knowledge, and effective mentoring. Informed and engaged Masons are what we want and need. The membership of every brother is fragile if they are not treated in a brotherly manner. Sustained growth needs protection. Plans that incoming Grand Master Edward Page has for his year of service include the reintroduction of District Lecturers and improved mentoring focus. These two enhancements will deliver on this additional need. I encourage each of you to support and remain in alignment with the will and pleasure of our incoming Grand Master.

The launch of our awareness campaign was built upon the strong principles and the messaging that Freemasonry provides. Now we are more prosperous and more secure fraternally than we were a year ago. With strong leadership and the Grand Architect's blessing, we succeeded. We weren't just marking time. We made a difference. We have made Connecticut Freemasonry stronger. Remember, everything pivots off of membership. Membership growth strengthens our financials for charitable endeavors, increases our ability for community action, expands our ability to help those in distress, creates the opportunity to develop future leadership within our lodges, and simply have more fun.

It is true that we are living in very different times than brothers of 60 years ago and different winds are blowing upon us, but the nature of men will never change. Men seek value. To paraphrase Jimmy Dean (1928-2010), "We can't change the direction of the wind, but we

can adjust our sails to reach our destination." Let history record the fact that reversing membership decline was solvable. Congratulations brothers!

Credit must be given where credit is due. Ultimate credit belongs at the feet of the Grand Architect. Yes, we had a vision. Yes, we had a strategy. Yes, we made tactical adjustments in real-time as brothers labored in the quarries. However, as the Great Light of Masonry proclaims, it is the Grand Architect that blesses.

In closing, I wish to repeat the following:

We need not struggle aimlessly toward our goals, whatever they may be, as long those goals are in alignment with the Almighty's purposes. In that regard, the truth is simply this: the Grand Architect has poured out favor upon us. I believe this is in response to beseeching Him. The Grand Architect will go before us to straighten the path, level the mountains, and make a way through the wilderness as he has done throughout time. The needs of this jurisdiction and your personal needs in life are no exception. The Grand Architect is working behind the scenes to equip, strengthen and prepare us. The 'Giver of all Good Gifts and Graces' will never cease addressing the needs of those who come forward with open hands and a grateful heart. If we truly place our trust in the Almighty, hold fast because our best, your best, is about to come.

Thank you for the opportunity to serve. Blessings to all.

WELCOME TO OUR **NEW BROTHERS!**

Union Lodge No. 5 Guillermo Chacon

Union Lodge No. 40 Matthew Alan Ficinus Paul Steele Fabricio Sorrentino Vivaldi Wooster Lodge No. 10 A.F. & A.M.

~ Since 1781 ~ Serving the Community for more than 240 years

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Deputy Grand Master Message by Edward C. Page

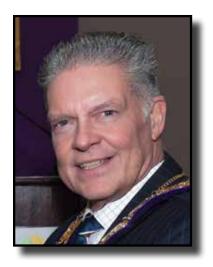
he theme of my year as Grand Master is "God – Unity – Service," and as I am in the medical field and we love our acronyms, by applying this principle, we get.... GUS. This was my father's nickname, Orville Carleton "Gus" Page, Sr. I have devoted my entire Masonic journey to his honor. It is my belief that through God, our parents give birth; that is God's gift to us, and what we do with our life is our gift to God.

First and foremost, everything starts and ends in and with God. We first learn at our initiation that "no man should ever enter upon any great and important undertaking without first invoking the blessings of Deity." Soon after, we hear that, "In the beginning, God created the heavens and the Earth. And the earth was without form and void, and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters. And God said, Let there be light: and there was light." Genesis 1:1-3

Unity has such a broad range of usage, especially among us Freemasons. Unity of Grand Lodge to the local lodges, this Grand Jurisdiction to all sister Grand Jurisdictions, from Freemasons to all our appendant bodies, including our sisters. From our youngest Entered Apprentice to our most senior member, whose wisdom can always be welcomed in good times and struggles. This applies across all religions, even extended to the non-believer and the uninformed; wherever there is humanity, unity should always exist. At all times we need to help all our fellow man.

Lastly, but by no means, finally. Service. Service to God and a distressed worthy brother, service to our Gentle Craft, service to all mankind, service to our country, and service to oneself. This year, I want to bring forth an additional Service in the form of Servant Leadership. Servant Leadership has many forms and usages, but I will start with the correct mindset: as a Servant Leader, "it is not about you." I am here to serve the gentle Craft in any way I can, whatever is needed, wherever I am wanted, whatever capacity I can serve best, I will do my best. As a Servant Leader, the second step is to always be "humble."

I don't have all the answers, and sometimes finding the right question is a difficult task through all the noise, but together, we will move our Craft forward. By having a purpose-driven life, there is clarity in the path one takes and the decisions one makes. Power does not foster cooperation. In fact, leadership has nothing to do with



rank; some of the best leaders have no titles, but we follow them because of their message and character. Leadership should inspire, inspire us all to be better, follow because you want to, not because you have to. Servant Leadership is a matter of the heart, about trust and respect, not about control. It's about character, love, and being a good listener. Finally, Servant Leadership is not about others helping you; it's about leaders helping others.

The late Glenn Campbell had a hit long ago called "Try A Little Kindness." This methodology has never let me down.

If you see your brother standing by the road
With a heavy load from the seeds he sowed
And if you see your sister falling by the way
Just stop and say, "You're going the wrong way"
You've got to try a little kindness
Yes, show a little kindness
Just shine your light for everyone to see
And if you try a little kindness
Then you'll overlook the blindness
Of narrow-minded people on the narrow-minded streets
Don't walk around the down and out
Lend a helping hand instead of doubt
And the kindness that you show every day
Will help someone along their way

"God – Unity - Service"

"The highest of distinctions is service to others." - Brother King George VI

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CALL FOR NOMINATIONS FOR BOARD SERVICE

March 2024

To Prospective Masonicare Board and Committee Members:

By this notice, the Board of Trustees of Masonicare Corporation hereby issues a Call for Nominations of candidates for election to the Board of Trustees of Masonicare Corporation, the Board of Directors of The Masonic Charity Foundation of Connecticut and/or Masonicare Board Committees. To be considered for service, nominees need not specify in which board/committee they are interested in serving. Individuals may request a Nomination Application by completing and returning the questionnaire below.

Applications are to be submitted to me and postmarked no later than <u>April 19, 2024.</u> Applicants will be contacted to schedule interviews.

Nominees should have qualifications in business, corporate leadership, finance, law or healthcare, which qualify them for board service. Candidates should be aware that board/committee members assume fiduciary duties with respect to their service, and that violation of these duties can entail personal liability. Service on our boards/committees requires a considerable time commitment, varying with the needs of each corporation. While Masonicare's boards/committees are primarily comprised of those who are specifically members of the Masonic fraternity or related appendant bodies, affiliate board and Masonicare committee membership may also contain qualified members of the local community.

MASONICARE is the Parent Corporation of our system, and all nominees must be members in good standing of the Grand Lodge, A.F. & A.M. of Connecticut, with the exception of three who shall be members in good standing, and appointed one each from The Grand Chapter of Connecticut, Order of the Eastern Star; the Order of the Amaranth State of Connecticut; and Prince Hall Grand Lodge, F. & A.M. of Connecticut. The Board of Trustees is composed of no less than twelve but no more than fifteen members. Three seats are filled annually by members in good standing of the Grand Lodge, A.F. & A.M. of Connecticut, through the nomination and election process. The term of service on this board is three years, commencing in November 2024.

The term of service for The Masonic Charity Foundation of Connecticut Board of Directors and for Masonicare Board Committees is one year commencing in November 2024.

Please feel free to address any questions you may have regarding this process to Jon-Paul Venoit, President and CEO, 203-679-6000 or jvenoit@masonicare.org. Thank you for your assistance and participation.

Sincerely and fraternally,

Christopher Earle

Christopher Earle, Chair Nominating Committee

REQUEST FOR APPLICATION FOR BOARD SERVICE

Requests for a Nomination Application can be completed by returning the attached request. Once completed, the form should be sent to Christopher Earle, Chair of the Masonicare Nominating Committee, via U.S. Postal Service to the address listed below; by Facsimile to 203-679-3045; or you may send the information electronically to jvenoit@masonicare.org. A Nomination Application will be sent to all applicants for completion. Please indicate your preference on how to receive the form. The Nomination Application may be returned via U.S. Postal Service, Facsimile, or electronically.

Christopher Earle, Chair Masonicare Nominating Committee Masonicare Corporation 22 Masonic Avenue, P.O. Box 70 Wallingford, CT 06492

Name		· · · · · · · · · · · · · · · · · · ·		
Mailing address				
Daytime phone number ()	_ Evening phone number ()			
Mobile number ()	Fax number ()	· · · · · · · · · · · · · · · · · · ·		
Email address				
would prefer the application to be sent to me via (i.e., email, U.S. mail)				

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Grand Chaplain's Corner

by Christopher J. Earle, Grand Chaplain

Men of Honour and Honesty

s we wind down the Grand Lodge year, I approach the end of my term as Grand Chaplain and, with that, the cessation of my authorship of this column. It's been a wonderful journey that I truly never expected to take, especially as Grand Chaplain—a real honor that I will always cherish. So, how do I "wrap it up?"

Interestingly, in the March 2024 issue of the Corinthian Lodge No. 63, trestleboard is a reprint of an article from the Markland Mason website from October 2013 titled "Faith & Belief in a Supreme Being" that addresses Freemasonry's relationship with religion. It's an excellent article that is too long to reprint here, but I earnestly recommend it for further reading. It cites Anderson's Constitutions of 1723 (the 300th Anniversary of which we have celebrated extensively!), which states:

"But though in ancient Time Masons were charg'd in every Country to be of the Religion of that Country or Nation, whatever it was, yet, 'tis now thought more expedient only to oblige them to that Religion in which all Men agree, leaving their particular Opinions to themselves;

that is, to be good Men and true, or Men of Honour and Honesty, by whatever Denominations or Persuasions they may be distinguish'd; whereby Masonry becomes the Center of Union and the Means of conciliating true Friendship among

Persons that must have remain'd at a perpetual Distance."

This was the beginning of Masonry becoming the foundation of that universal enlightenment that we are the Brotherhood of Man under the Fatherhood of God. That all the theistic religions of the world do not find it derogatory to their principles to level themselves with the Fraternity indicates that the nobleness of our purposes meets with their approbation.

At the conclusion of our Installation of Officers, the lodge members are charged to "...long enjoy every satisfaction and delight that 'disinterested' friendship. Disinterested Friendship is what "Men of Honour and Honesty" practice and preach. So mote it be.

Amen

We offer our condolences to the family and friends of those brothers who have been called by The Grand Architect of the Universe.

John J. Allard

Moosup Lodge No. 113

Domenick Rocco Botto

Columbia Lodge No. 25

George Arthur Cassidy

Coastal Lodge No. 57

Arthur A. Chase

Columbia Lodge No. 25

David L. Citronberg

Corinthian Lodge No. 104

Anthony Scott Dean

Sequin Level Lodge No. 140

Robert P. Hull

St. Johns Lodge No. 2

Nicholas G. Macol

Corinthian Lodge No. 104

Richard Dietrich Martens

Friendship Tuscan Lodge No. 145

Thomas E. Morton

Washington Lodge No. 70

Vaughn Howard Russell

Moriah Lodge No. 15

Frank R. Wilson, Jr.

Brainard Lodge No. 102

Donald Warren Zahnke

Frederick Franklin Lodge No. 14

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Connecticut Freemasons Foundation, Inc. Call to Meeting

In accordance with its by-laws, the Connecticut Freemasons Foundation, Inc. will conduct a brief meeting and election of representation to its Board of Directors at the will and pleasure of the Most Worshipful Grand Master during the Annual Stated Communication of the Most Worshipful Grand Lodge A.F. & A.M. of Connecticut on Saturday, April 6, 2024. All members of the Grand Lodge who are in good standing are invited to attend.

Fraternally, Bro. Christopher J. Earle, Chairman



The Celebration of Passover April 22-April 30



CONGRATULATIONS TO OUR 50-YEAR **BROTHERS!**

Bruce S. Davies, III Hartford Evergreen Lodge No. 88

Samuel A. Frink Sequin Level Lodge No. 140

William James Gray Evening Star Lodge No. 101

F. Matthew Heinrich, Jr. Hartford Evergreen Lodge No. 88

Neil G. Mitchill Jeptha Lodge No. 95

Alan G. Nath Composite Lodge No. 28

Gary L. Powell Compass Lodge No. 9

Thomas G. Riso, Jr. Ansantawae Lodge No. 89

> John J. Simpson Union Lodge No. 40

Daniel J. Whaley Coastal Lodge No. 57

William Henry Zaleha Washington Lodge No. 19

Connecticut's Two Lodges of Research by Justin Duffy

reemasons in Connecticut are doubly blessed by the presence of two extraordinary educational resources: the Philosophic Lodge of Research and the Masonic Lodge of Research. They are also, more often than not, completely in the dark as to the existence of these venerable institutions of erudition. This article aims to not only remind Connecticut Masons of the presence of these two research lodges but also to explain why they exist. This article also sounds the alarm that these Research Lodges are needed now more than ever!

Research lodges provide a unique and valuable platform for brothers who are interested in delving into the historical, philosophical, and symbolic aspects of Freemasonry. They contribute to the preservation of Masonic traditions and knowledge by conducting in-depth research, uncovering historical artifacts, and documenting the evolution of Masonic practices. Through their dedicated efforts, research lodges play a pivotal role in ensuring the continuity and understanding of Masonic principles. A significant advantage is the scholarly environment these lodges cultivate. Researcher Members within these groups have access to extensive archives, libraries, and resources dedicated to Masonic history and symbolism. This facilitates comprehensive and thorough investigations, allowing for a deeper exploration of Masonic teachings and practices. The collaborative nature of these organizations fosters the unhindered exchange of ideas, insights, and findings among Masonic scholars, enriching the overall body of knowledge within the Masonic community at large.

For over 75 years, Philosophic Lodge of Research and Masonic Lodge of Research have contributed to the broader academic and historical discourse by publishing their research findings and maintaining an extensive library of these research papers. This dissemination of knowledge helps educate Masons about the organization's historical significance, principles, and contributions to society. By engaging in the research and production of these

scholarly publications, Connecticut's research lodges have elevated the understanding of Freemasonry, dispelling myths and misconceptions while promoting accurate and engrossing information. They also organize lectures, seminars, and conferences to share research findings and insights. This educational outreach not only benefits our members but also extends to the wider brotherhood, fostering a greater understanding of Freemasonry's role in shaping culture, morality, and societal values.

However, don't get the wrong idea about research lodges. One should not be of the opinion that we are dour scholars, endlessly debating every trivial aspect of Masonic practice. While our meetings place an emphasis on education and enlightenment, we do so while keeping the proceedings lively and entertaining. Indeed, our meetings play a crucial role in fostering a sense of fraternity and camaraderie among our members. Research lodges provide a space for like-minded individuals to collaborate and share their passion for Masonic research; this contributes to the sense of unity and mutual support that is so central to the principles of Freemasonry. In essence, Philosophic Lodge of Research and Masonic Lodge of Research stand as guardians of our shared Masonic heritage, promoting scholarship, education, and fellowship within our Masonic community and providing vital information that will help train and shape the next generation of Connecticut Freemasons.

All Masons are welcome to attend our meetings! Philosophic Lodge of Research meets at 7:30 p.m. on the 4th Fridays of February, March, May, September, October and December at the Masonic Temple, 160 South Street in West Hartford. Masonic Lodge of Research meetings are held at 7:30 p.m. in the New Haven Masonic Temple at 285 Whitney Ave, New Haven, on 4th Wednesdays of February, March, May, September, October and December. Please join us!



LOOKING FOR SOMETHING MORE IN MASONRY?

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The Scottish Rite is a Masonic organization where you will find Inspiration – Convenience – and Enjoyment with fellow brethren. We are now accepting applications for our next class.

For more information about becoming a member of the Ancient Accepted Scottish Rite, or to receive a copy of a Scottish Rite informational DVD...

Contact Tony Angelica, 33°, at the Valley of Hartford, AASR: (860) 666-0712

Email: office@valleyofhartford.com www.valleyofhartford.org

ctfreemasons.net Connecticut Freemasons | April 2024 11

Masonicare Hospice and Palliative Care

"Our Masonicare hospice nurse, Brittany, treated my mom with dignity and compassion. I will never forget her unwavering patience, care, and sensitivity with my mom at the end of her life. But she didn't just help my mom. She helped me, too, by answering all my questions in detail and with patience. Brittany also worked seamlessly with the staff of the assisted living community where my mom was living. Thanks to Brittany, we were able to make it through this very difficult time." -Jill S., daughter of a Masonicare Hospice Patient

Feedback like this from the loved ones of patients who used Masonicare Hospice & Palliative Care services means the world to us because we consider it a privilege to care for patients and their families during the final stages of life.

There are similarities between hospice and palliative care, but

also some big differences. Both services utilize an interdisciplinary approach and can be provided wherever the patient lives: in a private residence or assisted living facility. Under Medicare guidelines, hospice can also be provided in a skilled nursing facility or a hospital if that level of care is required.

Hospice is focused on improving a patient's quality of life and reducing suffering during an advanced, life-limiting illness. Studies have shown that patients in hospice care can actually *live longer*.

Hospice also offers spiritual care, music and massage therapy, and medical directors to oversee care, as well as support for family members. This may include exploring care options, discussing advance directives, making referrals to community resources, and bereavement support.

In palliative care, the goal is to

alleviate suffering and improve quality of life for people with serious illnesses. Palliative care can be accessed at any stage of the serious illness and can work with a curative treatment plan for the disease, regardless of life expectancy or prognosis. Masonicare's highly trained nurses can begin with a palliative approach to care and follow our patients until they and their family are ready to transition to hospice. Palliative care requires Medicare patients to have a homebound status and a skilled need for care.

If you have questions about hospice or palliative care, Masonicare is here for you. Please call 203-479-9275 to be connected with one of our knowledgeable liaisons who can answer your questions and guide you through the process of obtaining either service. You'll also find more information at masonicare.org/hospice.

We are your Masonicare.



masonicare.org | f | 10 | 10 | 22 Masonic Avenue . Wallingford, CT

12 April 2024 | Connecticut Freemasons ctfreemasons.net

From the Desk of Bro. Jon-Paul Venoit

President & CEO of Masonicare

am looking forward to seeing you all this month at the Annual Communication of the Most Worshipful Grand Lodge A.F. & A.M. of the State of Connecticut!

The Greater Hartford branch of Masonicare Home Health & Hospice has relocated from East Hartford to a new space in nearby Glastonbury. You may know that Masonicare maintained a presence in East Hartford for many years. But with our lease set to expire, it made sense for us to reassess our space needs. MHHH has a deserved reputation in that part of the state for providing quality home health and hospice services. Even though we have moved offices, our commitment to East Hartford and surrounding communities will not change.

In other news, I was very proud to celebrate the five Masonicare employees who were among this year's honorees for the LeadingAge Caring Hands Award. The Caring Hands Award recognizes the contributions of outstanding nursing aides in enhancing the quality of life for older adults. These are the best of the best, embodying the highest standards of compassion, commitment, and excellence. Representing Masonicare were:

- Asha, a Memory Care Aide at Masonicare at Mystic
- Amanda, a Certified Nursing Assistant (CNA) at Masonicare Health Center
- Rita, a Resident Care Assistant (RCA) at Masonicare at Ashlar Village

- Cat, a Live-In Caregiver from Masonicare at Home
- Vickie, a Home Health Aide at Masonicare Home Health & Hospice

I also want to invite you to the 2024 Masonicare Wine, Beer & Bourbon Tasting. This fundraiser of The Masonic Charity Foundation of Connecticut will be held on Friday, May 17, 2024, 6:00-9:00 PM at Masonicare at Ashlar Village. We'll

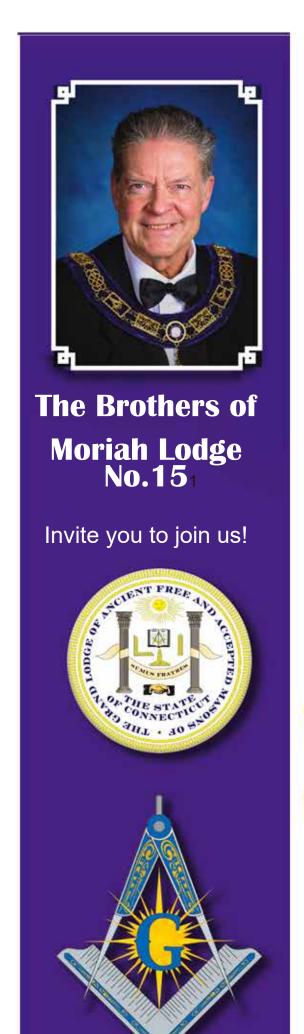


enjoy a selection of fine wines, beer, bourbons, hot hors d'oeuvres, pasta and carving stations, music, an online auction, and raffle prizes. Space is limited, and tickets are available on a first-come, first-served basis. For more information or to RSVP, please call 860-841-4647 or visit masonicare.org/2024wine.

Sincerely and fraternally,

Jon- Paul Vent

Be a Connecticut Freemasons Booster!	LISTING IS FOR 11 ISSUES
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Makes checks payable to: Grand Lodge AF&AM of CT • 69 Masonic Avenue • Wallingford CT 06492 Booster support is not deductible as a charitable contribution under IRC Section 170(c).	Master Mason \$250 or more



Annual Gala Dinner

to honor Brother

Edward C. Page

the incoming

Most Worshipful Grand Master Grand Lodge, A.F. & A.M. of the State of Connecticut

Please join us to congratulate, support, and celebrate!

April 28, 2024 from 6 to 10 p.m. The Woodwinds 29 School Ground Road Branford, CT 06405

\$55 per person or \$550 table of 10 Includes buffet dinner, music, dancing hand rolled cigars Cash only bar

For reservations please scan the QR code

You may also mail reservations and payment to:

R.W.B. Edward Page Gala Moriah Lodge No. 15 P.O. Box 212 Brooklyn, CT 06234



(please <mark>ma</mark>ke checks payable to: Moriah Lodge No. 1**5**)

THE SOUNDS AND SIGHTS OF SILENCE

by John A. Amarilios, membership@lafayetteconsistory.com

he Valley of Bridgeport is reaching its mid-season stride with degree work this April. On April 8, the Feast of The Paschal Lamb will be performed. This is a special commemoration of all those who have gone before us. If you have family and loved ones you wish to honor, this is an event you do not wish to miss. Masons and their families are invited to attend, and reservations are necessary due to the usual heavy turnout for this event. Please call the Consistory office at (203) 375-0064 to make reservations. A dinner will precede the event at 6 p.m., and again, special reservations are mandatory for this meal as well.

On April 15, the Consistory will perform the 26th Degree live. at 7:30 p.m., followed by a video rendition of the 29th Degree. Those desiring to join us for dinner at 6 p.m. at the Shrine must make reservations in advance.

Lastly, the season concludes with the presentation of the 32nd Degree on Monday, May 6. More details will follow on reservation requirements for this degree.

Family Life events begin picking up momentum in May, and advance reservations are required as seating is limited for some of these events. On May 19, the Consistory is co-sponsoring the spring concert of the Greater Connecticut Youth Orchestra at the Klein Auditorium in Bridgeport. This is a free event, but advance reservations are required. On May 27, the Valley will participate in the Stratford Parade. We will meet at the theater at 12 p.m. before we join the parade route. Lastly, there are very few openings left for the Semi-Annual Fishing Trip on the Lucky Lady at Clinton Harbor. Advance reservations must be accompanied by a payment of \$20 plus a \$5 pool. Again, call early to avoid disappointment



To subdue one's passions is an incomprehensible goal for some of our newer brothers. The purpose and benefit of doing so cannot be understood, and why one would want to avert the tantalizing stimulation of the personality's desires and sensations is incomprehensible. The purpose of the fraternity, which is laid out in the first two pages of the Entered Apprentice ritual, is to learn to subdue one's passions. If there ever was a primary directive, it is very clear what the goal of the work of the Mason is. There is no disclaimer that this is easy work. However, the attainment of the goal elevates the brother who assiduously labors at accomplishing the work to earn a myriad of riches that will improve one's existence immeasurably.

"Heaven...is nothing other than spiritual inwardness" - Guibertus, De Pignoribus Sanctorum IV, 8

Those who have managed to quell their passions and work on their interior life in peace indeed experience the awakening of other faculties that are available to all but accessed by hardly anyone. The accomplishment of this work affects actual physiological change to the practitioner, which has a salutary effect on their physical vehicle. Others experience a spontaneous elation, a glimpse of remarkable joy, and a temporary omniscience that occurs suddenly without transition or warning, followed by a sudden elation and understanding of what brotherly love for mankind truly is. And just like a thief in the night

LAFAYETTE CONSISTORY



Attention All Master Masons! SCOTTISH RITE DEGREES

Mon. April 8, 6 p.m. - Feast of the Paschal Lamb

Mon. April 15, 7:30 p.m.

26th Degree (Live) and 29th Degree (Video)

Mon. May 6, 7:30 p.m. - 32nd Degree (Live)

Dinners are at 6 p.m. in the Shrine building unless otherwise stated. Reservations required. Call the Consistory Office at 203-375-0064.

For the latest copy of the Lafayette ConsistoryNews visit https://ctfreemasons.net/appendant-bodies/ lafayette-consistory/

Contact the Consistory Office to arrange for seating and meals for any of the degree events.

Valley of Bridgeport 2422 Main Street Stratford, CT 06615 Office@LafayetteConsistory.com 202-275-0064 Valley of New Haven 285 Whitney Avenue New Haven, CT 06511 Kirk_Trofatter_Jr@yahoo.com 203-269-0336 Valley of Waterbury 529 Highland Avenue Waterbury, CT 06708 cdoneill@snet.net 203-754-8209

For more information, contact the Valley near you or email Membership@ LafayetteConsistory.com.

that comes sneaking in, it invariably disappears abruptly. It is a brief and profound experience of immateriality. Dante described it as "a note of the eternal poem." It is a fleeting experience that I believe very few of us will ever have, but if you have the grace to experience it, it will change your perspective on physical life.

I was fortunate to have been graced by this experience some 30 years ago while walking the busy streets of New York's 5th Avenue (of all places). The joy experienced lasted for a few days thereafter. The experience, I believe, is akin to that which Arjuna experienced in the Bhagavad Gita, Tat in the Pymander, what the Kabbalists refer to as "the Palace of the King," that Philalethes termed "the Hidden Palace of the King" and finally, what St Theresa of Avila termed the "Interior Castle." After experiencing this grand reward, I realized that mastership here on the physical plane of existence is a goal that is worth striving for, as the purpose of our existence was made manifestly clear. Anticipating conditions upon entrance into the "Lodge Made without Hands" is no longer a mystery. The elation, brotherly love, and happiness that awaits cannot be described with words, and it dwarfs the purported successes and all-important goals of the material world. The key to the attainment of all of these riches begins with what our Entered Apprentice degree instructs us to do – To subdue our passions.

FIAT LUX!

As always, the Valley of Bridgeport stands ready to help further your understanding of the three degrees of Freemasonry. Should you have questions about the Scottish Rite, please feel free to contact me at the email address above or call the Consistory office at (203) 375-0064.

For the latest copy of the Lafayette ConsistoryNews visit https://ctfreemasons.net/appendant-bodies/lafayette-consistory/ or use the QR Code above.

ctfreemasons.net Connecticut Freemasons | April 2024 15

Education Equals Success in the 7th Masonic District

by Jeffrey A. Blayman

s they do every third Thursday, the brothers of Warren Lodge No. 51 gathered at the Portland Ale House to enjoy a festive board and socialize with brothers and Blue Wave inquirers before lodge.

The program for the evening was a lecture by WB Axel Mahlke about the Germanic history of Freemasonry leading up to his own family's involvement. The one-hour presentation was both well attended and extremely informative, with the recent addition of the large-screen television for added engagement. After the close of the meeting, brothers headed downstairs to celebrate the 90th birthday of the lodge's elder statesman, WB John B Sterry, Sr. Past AGM. It was indeed a wonderful evening.

Then, the following month saw another fantastic presentation when RWB Shane Dufresne covered Masonry in the Civil War with a focus on the Battle

> of Gettysburg. He conveyed tales of brothers

crossing lines to be raised and of brothers given courtesies even when taken prisoner, along with brothers united on the field of battle. The brotherhood was present even in this most brutal of situations. In addition to the new TV, which made the slide show much more enjoyable, RWB Shane brought with him a host of Civil War weaponry to view and inspect.

The evening drew by celebrating the Masonic birthdays of Tiler Bro. Joseph F Piatti, Jr. (29) years a Mason) and Junior Warden Bro. David L Rutter, Jr. (27 years a Mason).

If you are a brother who would like to join us on a third Thursday in Portland, please feel free to contact WB Jeff at (860) 334-5277.









16 April 2024 | Connecticut Freemasons ctfreemasons.net

District 9

Lodges 15, 24, 46, 60, 69, 110, 113, 122



Fayette Lodge No. 69 News

On December 2, 2023, Fayette Lodge No. 69 raised Bros. Randy Cote, Wayne Hare, Roland Mason, and Matt O'Brien to the Sublime Degree of Master Mason.

On January 23, the lodge welcomed new Entered Apprentice Pat Brunell.

On February 27, they hosted the Ellington Historical Society and, on March 1, the lodge held a Red Cross blood drive where they exceeded their goal.

Upcoming on April 23, the lodge will host MWB Gary Arseneau for a presentation of Martin & Max. Please note that the evening is for Master Masons only.





District 8

Lodges 10, 31, 34, 57, 102, 116, 120, 150



Top of the Mornin' In The 8th Masonic Districtc

by Jeffrey A. Blayman

'Tis the season for St Patrick's Day parades! As each city does its best to celebrate and promote a positive and festive day of family fun, Norwich was the first to kick off the season with a parade on Saturday, March 3.

The Masons' reemergence in the parade in 2019 coincided with WB Jeffrey A. Blayman's appointment as the Grand Marshal of the St. Patrick's Day parade. Since then, a dispensation has been granted annually as the brothers of the 8th Masonic District welcome one and all to march under the banner of Somerset St. James Lodge No. 34.

This year there was a fortunate break in the dreary winter weather as a sunny 60° day just happened to grace the occasion. After the parade everyone enjoyed the camaraderie along with a few pints to celebrate the occasion. Slainte!



ctfreemasons.net Connecticut Freemasons | April 2024 17







District 6

Lodges 4, 25, 28, 70, 73, 88, 145, 400

Washington Lodge No. 70 Past Masters Portray Master Mason Degree by Robert Dodge

On Monday, February 26, the Past Masters of Washington Lodge No. 70 in Windsor portrayed a spectacular Master Mason degree. WM Kenneth Roach, II, welcomed WB Mark Keenan and his suite of Past Masters and asked him to preside over the work. Bros. John Angelakopoulos and John Plotica were raised to the Sublime Degree of Master Mason in due and ancient form. The brothers witnessed a horrid conspiracy performed by a cast of 30 brothers. Congratulations to WB Mark Keenan for filling all the offices with Washington Lodge Past Masters. WB Mark Fernandes, who portrayed Hiram, cast the tragedy Cast with Washington Lodge brothers with one exception: RWB Greg Stump, District Deputy of Masonic District 6A, took on the East Gate.

During the second half of the evening, the lodge was treated to an unexpected guest. WB George Washington, portrayed by WB Paul Hendricks, came to celebrate his birthday. When asked, he graciously accepted the request to give the MM Lecture.

The Prologue was given by WB Joe DiFraia, the Working Tools by WB Robert Dodge, and the Charge by WB Steve Mathews.





18 April 2024 | Connecticut Freemasons ctfreemasons.net

Valentine's Appreciation Luncheon at Washington Lodge No. 70

by Robert Dodge

On Saturday, February 10, Washington Lodge No. 70 continued its annual tradition of hosting a Valentine's Day luncheon in appreciation of the lodge's ladies and widows. WM Kenneth Roach II greeted the almost 40 guests and then introduced the hosts, WB Bob Dodge and his wife, Stephanie. The guests were then treated to a luncheon and an afternoon of fellowship.

WB Bob and Stephanie have been appointed co-chairs of the lodge's Committee on Widows by WM Roach. For the past several years, they have spearheaded the lodge's ladies' events, first working with and then taking over for Lodge Almoner Bro. Robert McKay and his wife, Lorraine. Their focus has been and will continue to be, maintaining contact with and including the lodge's widows and ladies.

















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Connecticut Freemasons | April 2024 19

Hartford Evergreen Lodge No. 88 News by Pat Jones

With a dispensation from the Grand Lodge, Hartford Evergreen Lodge No. 88 held an Entered Apprentice Degree on Sunday afternoon, February 25. The candidate was Jonathan Hayes, a youthful and energetic 22-year-old from Windsor.

Brothers participating in the degree ceremony included RWB F. Matthew Heinrich, Grand Senior Deacon, who presented the Charge; Bro. Khamp Phimvongsa, the apron lecture; and Bro. Kirk Montstream the Working Tools. Bro. Montstream also recited the First Section Lecture with Bro. Roland Mason of Fayette Lodge No. 69. WM Alex Prague did a masterful job with the obligation. Following the ceremonies, the brothers celebrated at a local restaurant with dinner and much fellowship.

Hartford Evergreen Lodge has made a concerted effort to include wives and significant others in their activities. This worthwhile effort continues under the leadership of WM Alex Prague. Jane Kinsley, wife of the late RWB Fletcher Kinsley, a longtime member of Hartford Evergreen Lodge, has been a valuable artistic resource for the lodge. She has provided some very interesting and informative programs on the evenings of stated communications. Her programs are not just for women. The brothers are welcome as well. Artistic experience is not required.

Last year she offered a very successful program on chocolate making. This spring, she will demonstrate the art of pointillism, a technique of painting in which small distinct dots of color are applied in patterns to form an image. Jane comes with a background that includes four years of study in art and architectural design. She learned at a time when it was unusual for a woman to study architecture. She wasn't encouraged to go to art school but nevertheless attended art classes at Manchester Community College and Eastern Connecticut State University. Her paintings are of high quality and have been hung in museums. She says that she "paints with a flair of architecture and a little humor."

Creative and inventive, she enjoys using her imagination to develop new and original ideas, continually challenging herself and her audience by experimenting with different techniques in her work. Her skills include reverse painting, charcoal sketching, painting with oils and acrylics, and mixed media. Brothers and their significant others from lodges in Connecticut and beyond are always welcome to join Hartford Evergreen Lodge for an evening with art and dinner.



District 5

Lodges 14, 29, 33, 36, 101, 128, 140, 146, 148



Looking to Get Away to Sunny Orlando? Frederick Franklin Lodge Raffle Tickets Are Going Fast!

Frederick Franklin Lodge No. 14 in Plainville is selling raffle tickets for a chance to get away for a week at Disney's Animal Kingdom Lodge near Orlando, Florida. This room-only vacation for up to four people (a \$5,000 value!) will run from Sunday, June 23, to Sunday, June 30.

Raffle tickets are \$50 each and are on sale now. The drawing will be held on May 28 at 7:30 p.m.

Second and third prizes are also available. The second prize is a 2024 social membership to Chippanee Country Club in Bristol, valued at \$1,000. The third prize is a package of "Summer Fun" event tickets that includes four porch tickets to a Hartford Yard Goats home game, a Family 4-Pack daily admission to Lake Compounce, and two adult admissions to the Mystic Aquarium, valued at over \$150.

Payments can be submitted by cash or check or sent to the lodge via PayPal at FrederickFranklin14 or Venmo at FrederickFranklin-Lodge. Any questions can be directed to Lodge Secretary Chet Russell at secretary14@gmail.com or to Worshipful Master Andy Bronson at abronson@ctfreemasons.net.

20 April 2024 | Connecticut Freemasons ctfreemasons ctfreemasons.net

Frederick Franklin No. 14 Initiates Two New Brothers in Masonicare's Lodge Room

On Tuesday, February 27, Frederick Franklin Lodge No. 14 of Plainville initiated Bro. Alan Amundsen and Bro. Will Young during a unique communication in the lodge room for Ashlar Lodge No. 332 at Masonicare's Ashlar Village.

Through the courtesy of MWB Joseph J. Porco and the assistance of RWB Carl Anderson, Grand Almoner, Frederick Franklin Lodge found themselves right at home in the environs of Ashlar Lodge. This was a unique opportunity for many brothers, including RWB Frank Dlugoleski, District Deputy of Masonic District 5B. He, like many of the brothers, had never had the chance to visit this gem of a lodge room.

This unique night showed the strong bonds of brotherhood, from organizing carpools to Wallingford, brothers providing directions to the

building, and a planned group dinner is just a few examples. Joining Frederick Franklin Lodge for this degree were a number of brothers from Unity Lodge No. 148 in New Britain, including WM WB Brian Tardif. Also, WB Hiram Morales filled in as Senior Steward and WB Keath Romano assisted with the preparation of the candidates.

This was a night that showcased all that Freemasonry can do—brothers helping brothers, cooperation between lodges, and bringing good men to Masonic light.

District 4

Lodges 1, 9, 16, 22, 30, 38, 63, 66, 77, 79, 87, 89, 97, 115, 125, 332, 401, 500



Quinta Essentia Lodge No. 500 Passes Fellowcraft

by Jonathan Glassman

Congratulations to Brother Joseph Ushchak on being passed to the degree of Fellowcraft at a recent Stated Communication and Festive Board held by Quinta Essentia Lodge No. 500 at New Haven's Elm City Club!





ctfreemasons.net Connecticut Freemasons | April 2024 21

33rd Annual Robert Burns Night at Widow's Son Lodge No. 66 in Branford

On Saturday, February 24, more than 75 brothers, families, and friends enjoyed the 33rd annual Robert Burns Night Widow's Son Lodge No. 66 in Branford. The haggis was presented by WB Al Johnson after being piped in by WB Gary Jenson of Sphinx Shrine. WB Jonathan Collingwood gave "The Address to the Haggis" from memory. Food and drink and many toasts followed. The meal of roast pork, mashed potatoes, turnips, and green beans was prepared by the volunteer kitchen staff: WB Al Johnson, Cindy Sorrentino, Jerry Nero, WB Scott Atkins, and Leigh Cassidy. The Cocka-Leekie soup was made by Lorraine Cole. As a special surprise, WB Jeff Knapp prepared roasted garlic sourdough for the meal, using a 900-yearold sourdough starter from Holland and Wales. The haggis was prepared by WB Thom Beck and



was excellent. Music was provided by the combined band of the Sphinx Highland Pipers and the Pyramid Shriners Pipe and Drums.

The night was a success due to the fellowship of our fraternity. The kitchen staff was from both Hiram Lodge No. 1 in New Haven and Annawon Lodge No. 115 in West Haven. Brothers, friends, and guests were from Annawon Lodge No. 115, St Albans Lodge No. 38, Compass Lodge No. 9, Madison Lodge No. 87, Quinta Essentia Lodge No. 500, Cosmopolitan Lodge No. 125, and Masonic Lodge of Research No. 401. Highlighting the bright future of Widow's Son Lodge, the first toast was given by Bro. Isaiah Simmons, their recently initiated Entered Apprentice.

The date for Robert Burns Night 2025 is February 22, 2025. Hope to see you there.







22 April 2024 | Connecticut Freemasons ctfreemasons.net

District 2

Lodges 13, 18, 21, 39, 40, 48, 49



Hiram Lodge No. 18 Holds Ladies Appreciation Day

Dinner by Anthony S. Neri

On February 25, the brothers of Hiram Lodge No. 18 held a Ladies Appreciation Day dinner at Toro Restaurant in Sandy Hook. Everyone had a great time with plenty of food, refreshments, and camaraderie. MWB Joseph J. Porco attended.





Ark Lodge No. 39 Passes Six to the Degree of Fellowcraft

by Jeffrey Finch

On Wednesday, February 28, under dispensation from MWB Joseph Porco, Ark Lodge No. 39 in Danbury passed six brothers to the degree of Fellowcraft.

Four of the brothers were from Ark Lodge: Bros. Marcos Castro, Homero Buenrostro, Rafael Mattos, and Gabriel Joaquim. Bro. Tyler Androvette from St. Peter's Lodge No. 21 in New Milford and Bro. Chris Scholl from Jerusalem Lodge No. 49 in Ridgefield were also passed.

Also in attendance were RWB David McClain (District Deputy) and WB Nathan Schoonover (AGM) of Masonic District 2B and WB Waldemar Jimenez, AGM of Masonic District 1B.



ctfreemasons.net Connecticut Freemasons | April 2024 23

Hiram Lodge No. 18 Raises Two Brothers by Anthony S. Neri

On February 21, WM Anthony S. Neri and the brothers of Hiram Lodge No. 18 in Sandy Hook raised two Fellowcraft to the Sublime Degree of Master Mason. Bros. Deneon DeSales and Rohit Anand are the lodge's new Master Masons. Also in attendance were MWB Joseph J. Porco and RWB David McClain.



Remembering a Good Friend and a Good Mason

by Pat Kalinauskas

WB Wayne S. Rettburg had several titles in his relatively short life. He became a Mason 35 years ago. He served as Master of Washington Lodge No. 70; he also dualed with Hartford Evergreen Lodge No. 88 and served as Master of that lodge as well.

When Wayne married, his wife's family was already immersed in the Masonic family, and so it became that way for Wayne. His father-in-law, Peter Arnold, was a Past Master of the same two lodges. Both of his in-laws were in Eastern Star, and later, his mother-in-law, Anne-Marie, became Worthy Grand Matron.

When he met his wife, Grace Arnold, she and her sister Kelly were Rainbow Girls. Kelly was on her way to becoming Grand Worthy Advisor of the International Order of the Rainbow for Girls.

Wayne became a father, and his children grew up around Masons and the Masonic family. The Masonic temple was a comfortable second home to them. When his daughter Kayla was old enough, she joined Rainbow, and later, she too became Grand Worthy Advisor.

Brother Wayne and Sister Grace joined Eastern Star and served together twice in the East of Temple Chapter No. 53 in South Windsor. And they joined Amaranth, too. Wayne was elected and installed, three separate times, as Grand Royal Patron of Amaranth.

On November 1, 2023, he was hospitalized for a hereditary heart condition serious enough to put him on the transplant list. For his last few months, he lived with an LVD, a battery pack that kept his



blood circulating to keep his kidneys and other vital organs from shutting down while waiting for a heart. He accepted his condition and made light of the six pounds of battery that he had to carry around,

He was only 61 when he passed away on March 4, 2024. He was Worthy Grand Patron of the Order of the Eastern Star when he died. He would have been installed as Grand Royal Patron of Amaranth, for the fourth time, proud to stand at the side of his daughter Kayla, being installed as Grand Royal Matron, at Grand Court on March 23, 2024.

In his final months, he was full of positivity and hope and loved to joke around. He did not let anything stop him or get him down. He often said that the friends he made in the Masonic family became closer than he ever expected. Everyone who met Wayne really liked him and enjoyed being around him. He was a man who loved being with his wife and children -- a patient, understanding, and devoted family man. After giving the best of his time to his wife and children, he put the remainder of his being into his Masonic family. So many titles were conferred upon him. He worked hard for each organization, and he deserved each accolade. But the first step was when he assumed his first title, that of Master Mason. Too soon, Masonry and the rest of the Masonic family lost a good and true Mason, a beloved brother and dear friend.

24 April 2024 | Connecticut Freemasons ctfreemasons ctfreemasons.net

Hamilton Council No. 9 Hosts The 13th Annual Robert J. DiPasquale Memorial Surf and Turf Dinner for CMMRF.

by Mark Orsini

he tradition of gathering for an evening of fellowship and a delicious meal, hosted by Hamilton Council No. 9, continued at the 13th Annual Robert J. DiPasquale Memorial Surf and Turf Dinner on Saturday, March 9, at the Meriden Masonic Temple. Family and friends enjoyed New York strip, baked stuffed shrimp, lemon garlic parmesan green beans, and baked potato expertly prepared by Hamilton Council's Past Thrice Illustrious Masters Steven J. Chiappalone and Christian Schumann.

Organized by current TIM Hal Elwell, the annual fundraiser is held in honor of SK Robert J. DiPasquale, a Right Eminent Past Grand Commander of the Grand Commandery of Connecticut, who was a mentor to many and a great influence in the Meriden Masonic community. Joan DiPasquale, widow of SK Robert, welcomed all to the event. Darrin D. Silhavy, Most Puissant Grand Master of Royal and Select Masters of Connecticut, spoke of the groundbreaking work done by the Cryptic Masons Medical Research Foundation (CMMRF), conducting research in pursuit of curing and alleviating medical conditions stemming from vascular diseases. Proceeds from the event will benefit CMMRF.

Thank you to all who came out to support the cause, and we hope to see everyone again next year!



Connecticut Masonic Scouters Association Commend Eagle Scouts by Jonathan Glassman

ongratulations to new Eagle Scouts Ben Green and Frank Millard of Scouts BSA Troop 41 in Woodbridge; Dante Bunnell of Troop 424 in Branford, Ethan Hood of Troop 45 in Southington, Jordan Conroy of Troop 3 in Torrington; and Ian McPhee of Troop 32 in Southington; pictured at their respective Courts of Honor receiving the Connecticut Masonic Eagle Scout Commendation from the Connecticut Masonic Scouters Association and Grand Lodge of Connecticut.



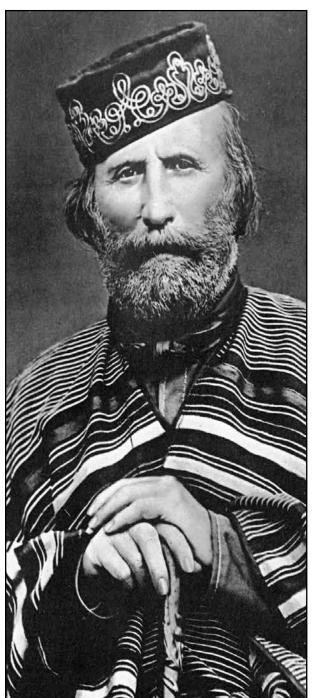








26 April 2024 | Connecticut Freemasons ctfreemasons.net



THE GARIBALDI A UNIQUE ENTERED APPRENTICE DEGREE

FRIDAY, APRIL 19, 2024, 7:30 P.M. GARIBALDI LODGE NO. 542, MAIN ROOM OF THE GRAND LODGE OF NEW YORK IN MANHATTAN.

This world-renowned degree is presented completely in Italian and will have as many as 15 candidates. If you have new Entered Apprentices or Fellowcraft, these brothers can be afforded a special viewing place to observe the degree, but need advanced notice.

The cost is \$70/person for motor coach only.

Payment must be made in full, online, by April 5, 2024.

Brothers must pay by credit card, debit card, or with a PayPal account. You can pay online via our lodge website. We have added the Garibaldi Lodge #542 Bus Trip to our "Payments and Event Tickets" page, which can be accessed directly at: https://lodge140.ctfreemasons.net/payments/

- The bus leaves at 1:00 PM from Sequin-Level Lodge No. 140; Brothers will be given the option of stopping for lunch at The Famous Katz's Deli in Manhattan.
- Pick-up is available for 5 or more brothers, at a park and ride on route to New York City. (I need to know the route the bus company is taking so we can plan a pick-up that is convenient.)
- There will also be a tour of the various lodges that inhabit the 17-story building; Go to the Grand Lodge of New York website and check out this unique building. www. nymasons.org

Contact: Brother Don Adams bronzebird64@comcast.net or 860-236-5411.

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NOTICE

TO THE HOLDERS OF OUTSTANDING STOCK IN THE MASONIC BUILDING ASSOCIATION OF MIDDLETOWN, INC.:

Pursuant to the terms of the issuance its shares, the Board of Directors of The Masonic Building Association of Middletown, Inc. have VOTED to CALL in all issued and outstanding shares of stock for redemption. Certificates of stock shares must be delivered to the Corporation at P.O. Box 961, Middletown, CT 06457 no later than sixty (60) days from the publication of this Notice.

THE MASONIC BUILDING ASSOCIATION OF MIDDLETOWN, INC.

Robert Grismer, Vice President

Date:17 March, 2024

Now accepting applications for the

Norma Brandt Nursing Scholarship

at Masonicare



Throughout her career as a Registered Nurse, Norma Brandt

(1942-2005) was known for her extraordinary compassion and dedication to her patients. The nursing scholarship established in her name by her husband, the late Bro. John Brandt, is awarded by Masonicare to qualified individuals enrolled in an accredited nursing program (Associate Degree, BSN, or RN). In addition to emulating Norma's passion for nursing, recipients must be benefit-eligible Masonicare employees with at least one year of service or the children/grandchildren of Masonicare employees or affiliated with a Masonic organization, either as a member or child/grandchild of a member.

For more information or to receive an application, please contact Lindsey Smith at 203-679-6166 or lsmith@masonicare.org.

Application deadline is Friday, May 24, 2024



Masonicare is Here for You!

We are giving Masons and fraternal family members even more reason to choose Masonicare. With benefits developed exclusively for Masons, you can be sure you are receiving the best-in-class care and service you deserve from the provider you trust.



The Concentric Circle is Growing!

For new move-ins: Masonicare is offering Masons, Masonic widows, and the rest of the Masonic Family a six-month, 5% discount on base monthly fees (excluding healthcare charges) in our Independent Living and Assisted Living communities! These include Masonicare at Ashlar Village, Pond Ridge Assisted Living, Masonicare at Chester Village, Masonicare at Mystic, and the Apartments on Masonic Avenue in Wallingford – A. Norman Johnson Apartments, Hawkins Apartments, and Wells Apartments – all of which offer convenient access to Masonicare Health Center.

Additional Concentric Circle Benefits include:

- PRIORITY ADMISSION / ACCESS to Masonicare following the "Concentric Circle" guidelines for Connecticut Freemasons, relatives, and appendant bodies
- REDUCED PRICING on applications for our residential communities
- FREE HEARING SCREENINGS in the Masonicare Hearing Center
- FREE BALANCE ASSESSMENTS in the Masonicare Health Center Outpatient Rehabilitation Department
- WAIVED ADVANCE PAYMENTS on Masonicare at Home (in-home, non-medical homemaker-companion services)



Masonicare.org [] 💆 🧿 🔁







Masonicare Community Services 800.982.3919

22 Masonic Avenue . Wallingford, CT 06492

Connecticut Freemasons | April 2024 29 ctfreemasons.net

BOOSTERS Thank you for your generous contribution! Update: March 12, 2024.

An asterisk next to your name indicates that your support in the Booster list expires in one month. Please consider renewing your support of the Connecticut Freemasons newspaper at your current rate or at the next level up. After reviewing all of the receipts for Boosters, the lists are the Boosters who are current (i.e., within the 11 issue window). If your name does not appear and you feel that you should be on the list, please contact us. Note: Booster support is not deductible as a charitable contribution under IRC Section 170(c).

Grand Master's Circle \$100 or more.

Anonymous	Carlton R. & Susan A. Csiki	Jim Gillan	Rinaldo & Mary Magliano	William J. Strand
Roger & Linda Bissell	Lester Culver, Jr.*	Thomas J. Gondek	John Novak	Arthur R. Tinsz
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Gary A. Byram	Aubrey V. Fisher	Mark Hawkins	Robert F. Polito, Jr.	Andy Zeidler
Sam S. F. Caligiuri	Michael & Melinda Fitting	Joseph O. Hoefflinger	Marshall Robinson	In Memory of
Alexander Campana	William H. Flagg	Karl King	Phil Sharkey	A. Richard Kirschner
Lowell H. Cantor	John W. Ford	Kenneth H. Kirschner	Michael Shear	
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Ralph W. Ely, III	Melvin Johnson	John Ranney	Gerald F. Thompson	In Memory of SW Everett Demers
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Lodges & Organizations

MASTER MASON LEVEL \$200 +
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Corinthian Lodge No. 63
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Fellowcraft Level \$150 - \$249

Vin & Pat Kalinauskas

Entered Apprentice Level \$75 - \$149
Coastal Lodge No. 57
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Connecticut Masonic Scouters

Gerry Usher

Evening Star Lodge No. 101 Frederick Franklin Lodge No. 14 Quinta Essentia Lodge No. 500

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Michael Baker	Ward M. Edgerton	David McClain	Robert J. Shopey, Sr.	Maroun G. Zoghbiln
Raymond Barker	Victor S. George*	Jesse J. Meeker	William T. Shopey	In Memory of John Birdsall
Ken Buckbee	Jonathan Glassman	Richard Memmott, Jr.	Edward Sullivan	Sachem Chapter No. 57 OES
Donald M. Casey, Jr.	Gordon R. Hallberg	Kristopher Milardo	James Talamini	
Coastal Lodge No. 57	Gordon C. Hurlbert	Robert Nunez	Kenneth Tarwood	
David Cole	Dana W. Ivey	Glenn K. Pennell*	Ronald Thomas	

Martin Rudnick*

Now you can support *Connecticut Freemasons* newspaper online! There is a PayPal dropdown *Connecticut Freemasons* Booster form on the Grand Lodge home page (ctfreemasons.net) just below the PDF version of the paper. **Use the dropdown to select your level, click the "Pay Now" button and then follow the directions. You can pay with credit or debit cards or a PayPal account.

Or, scan the QR Code on the right with your smartphone to go directly to the Connecticut Freemasons page on the website. Scroll down and follow the instrictions indicated ** above. The funds are used to help cover the printing and mailing expenses of the paper.



30 April 2024 | Connecticut Freemasons ctfreemasons.net

Craft At Labor

To have your lodge events appear in the newspaper, please update your lodge event in Grand View prior to the 10th of the previous month. If your lodge needs assistance accessing Grand View events please have the Master or Secretary or Calendar Admin contact the Grand Lodge office.

All times are supplied by the lodges. If there is a dinner, the time in the heading reflects that. The Connecticut Freemason Newspaper is not responsible for errors. When traveling, please contact the Secretary of the lodge to verify all times and events and to inquire about dinner reservations.

Grand Lodge Annual Session

Saturday, April 6, 8 a.m., Marriott, Hartford/Windsor Airport

Entered Apprentice Degrees

Mon, Apr 1, 7:30 p.m., Federal Lodge No. 17, Waterbury

Thurs, Apr 4, **6:30 p.m.**, Trumbull Lodge No. 22, New Haven, Dinner

Tues, May 7, 7:30 p.m., Union Lodge No. 40, Danbury

Fellowcraft Degrees

Mon, Apr 1, 7:30 p.m., Federal Lodge No. 17, Waterbury

Thurs, Apr 4, 6:30 p.m., Trumbull Lodge No. 22, New Haven, Dinner

Tues, May 7, 7:30 p.m., Union Lodge No. 40, Danbury

Master Mason Degrees

Mon, Apr 8, 7:30 p.m., Washington Lodge No. 19, Monroe

Craft At Refreshment

For more details about any of these events, please contact the lodge directly. In many cases, reservations are required, and they may or may not be open to the public.

All times are supplied by the lodges. The "Connecticut Freemasons" newspaper is not responsible for errors. When traveling, please contact the Secretary of the lodge to verify all times and events.

For recurring events and breakfasts, they may not take place during the summer months – call to check.

Recurring Events

Every Thursday, Putnam Lodge No. 46, Putnam, 7 p.m., Thursday Night Meeting Socializing, Rehearsing, Prepping.

Second, Fourth Wednesday of the Month, Union Lodge No. 5, Stamford, 7 p.m., Fellowship Night at the Lodge. *Open to all brothers, friends. Refreshments and discussion. Please call to verify.*

Recurring Breakfasts

First Sunday of the Month, Sequin-Level Lodge No. 140, Newington, 7 a.m., *SBA Breakfast Fundraiser*

Second Sunday of the Month, Compass Lodge No. 9, Wallingford, 8 a.m., Fellowship Breakfast (8 a.m. to 10 a.m.)

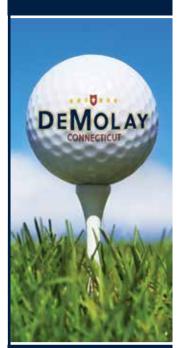
Third Sunday of the Month, Washington Lodge No. 19, Monroe, 8 a.m., *Country breakfast*

First Thursday of the Month, 8th Masonic District, Groton, 9 a.m., *Groton Townhouse Restaurant*

Third Saturday of the Month, Frederick Franklin Lodge No. 14, Plainville, 8 a.m., *Uncle Bob's Ham & Eggers, 2 Linden Street, Plainville*

ctfreemasons.net Connecticut Freemasons | April 2024 31





ANNUAL **BENEFIT GOLF TOURNAMENT**

Tuesday, June 4, 2024

The Geoffrey Cornish-designed The Farms Country Club

180 Cheshire Road, Wallingford, CT 06492

Registration and Raffle Ticket Sales starting at 10:30am. Noon Lunch; Shotgun start at 1:00pm in a 4-player scramble. Dinner, silent auction, and raffle prize awards following tournament. Prizes for 1st and 2nd low gross and low net, longest drive and closest to the pin, men and women.

Sponsorship levels:

\$3,000 - Tournament Sponsor (includes 8 golfers) \$1,700 - Gold Sponsor (includes 4 golfers)

\$1,400 - Silver Sponsor (includes 4 golfers)

\$850 - Bronze Sponsor (includes 2 golfers)

\$500 - Beverage Sponsor \$250 - Longest drive sponsor

\$1,000 - Foursome and tee sponsor

\$500 - Twosome and tee sponsor

\$2,000 - Cart Sponsor

\$1,000 - Lunch Sponsor \$750 - Golf Ball Sponsor

\$250 - Closest to the pin sponsor

\$175 - Tee sponsor

\$225 - Individual player \$60 - Non-golfing social

All sponsorships include acknowledgement in the Connecticut DeMolay Journal.

For registration flyer, please contact:

Chris Earle, The Campaign for **Connecticut DeMolay**

P.O. Box 8832, New Haven, CT 06532 (203) 915-1229 or cearle@comcast.net

David O. Stern

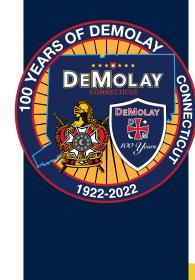
(203) 444-2077 or dsternct@gmail.com

Make checks payable to:

The Connecticut DeMolay Foundation, Inc

a 501(c)3 charitable organization





REGISTRATION FORM

16th Annual Connecticut DeMolay Golf Tournament – Tuesday, June 4, 2024 The Farms Country Club, 180 Cheshire Road, Wallingford, CT 06492

To benefit Connecticut DeMolay and The Connecticut DeMolay Foundation, Inc. (a 501(c)3 charitable organization)

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\$1,700 Gold Sponsor \$1,400 Silver Sponsor \$850 Bronze Sponsor \$2,000 Cart Sponsor \$1,000 Lunch Spon \$750 Golf Ball Spor	nsor	u Play u u u	\$250 Closet to Hole Sponsor \$250 Longest Drive Sponsor \$175 Tee Sponsor vers/Guest \$1,000 Foursome & Tee Sponsor \$500 Twosome & Tee Sponsor \$225 Individual player \$60 Non-golfing Social no cut-off shorts.	
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Address:			Handicap:	
Email:				
Player/Guest 2			Cell phone:	
Address:			Handicap:	
Email:				
Player/Guest 3			Cell phone:	
Address:			Handicap:	
Email:				
Player/Guest 4			Cell phone:	
Address:			Handicap:	
Email:				

Please complete and return with payment by May 27, 2024

Make check payable to "The Connecticut DeMolay Foundation, Inc." — P.O. Box 8832, New Haven, CT 06532 • 203-915-1229 For additional information contact: Chris Earle, (203) 915-1229 or cearle@comcast.net • David O. Stern, (203) 444-2077 or dsternct@gmail.com

Masonic Family Day 2024, A Fundraiser for Masonicare

by Jeffrey A. Blayman

To the Masters, Wardens, and brothers of the fraternity,

On Friday, July 12, we will be holding our 3rd Annual Masonic Family Day baseball game at Dodd Stadium in Norwich. Our hosts, the Norwich Sea Unicorns home team, have graciously allowed 50 percent of the pre-sold ticket sales to benefit Masonicare!

This year, Grand Master Edward Page will throw out the first pitch in addition to a few other Masonic surprises spread throughout the game, and there will be a huge post-game fireworks extravaganza!

We need your support. Maybe you could organize a small group outing or even just a few brothers and their families would like to go. I would love to see every lodge throughout the state represented that day in the stadium. Obviously, some lodges may be too far away to feasibly attend which is understandable. In a case like this, the tickets can be easily donated to one of the many youth groups we have locally, like the Cub Scouts, the Bully Busters, DeMolay, Rainbow, etc.

If you would consider supporting this Masonic Family Day

fundraiser in any amount, you could use the tickets to join brothers from around the state at the game...or ask us to donate any tickets you purchase to many worthy youth organizations as an act of charity. Either way, Masonicare will benefit financially, and additionally, we can look forward to some increased visibility as we fill a good portion of the stadium. Consider that the stadium will also be full of hundreds if not thousands of other men of legal age who may, in fact, seek out more information about Freemasonry based on our presence, should we also have a decent turnout.

If you should choose to vote to support this unique Masonic Family Day fundraiser baseball event, I would be eternally grateful. Checks can be made out to Warren Lodge No. 51 with Masonic Family Day on the memo line. Tickets are \$10 each. Please include a note indicating whether you would like the tickets mailed back to the lodge for your use or donated if you will not be attending.

Please mail to Jeffrey Blayman, PO Box 1034, Norwich, CT 06360.

I hope to see you all on Friday, July 12th; thank you!

Connecticut Freemasons University

by Gary Arseneau

Connecticut Freemasons University (CTFMU) is a program patterned after the ancient schools of philosophy or our current college systems. Its goal is to help brethren with personal development, build character, and craft success as individuals, both within Masonry and in the wider world. Each class will cost \$25, plus some additional materials, most of which are available from Grand Lodge starting May 1.

The CTFMU is structured with four classes. These are Initiate, Acolyte, Adept, and Master (Solomon's Society). The three lower classes will comprise the undergraduate program, while the Master will be the graduate program. Each course covers various parts of the fraternity, Ritual, Rules and Regulations, Policy and Procedures, and general Masonic knowledge. The last class will also include an oral presentation, as well as the opening and closing of a lodge. Each class must be completed in order: Initiate, Acolyte, Adept, and Master.

The Grand Lodge will give recognition for the completion of each class.

34 April 2024 | Connecticut Freemasons ctfreemasons ctfreemasons.net



CareConnect Navigator Program Lighting the Way

CareConnect Navigator program launched in March of 2023. Since launch, we have been able to assist seniors seeking help navigating the complex topics relevant to aging and how to plan for the future, including:

- Medicare (Medicare Advantage vs. Original Medicare, Medicare Savings Program, enrollment periods, how to sign up for Medicare)
- Medicaid (resources for help with the application process)
- Home Health: PT, OT, wound care, nursing visits, qualifications on how to get on service
- Home Companions
- Support Groups: caregiver, bereavement, early onset and dementia
- Independent Living: rentals and CCRC
- Assisted Living & State Funded Assisted Living
- Respite Care

- Short Term Rehab
- Long Term Care
- Behavioral Health
- Residential Care Home
- Wright Residence
- Hospice & Palliative Care: intake and available services
- Senior Transportation
- Mobile Podiatry Services
- Assorted Senior Living & Senior Healthcare
- State Funded Resources: SNAP, Husky C, CT Agency on Aging, Social Security

People Served

Since inception, we have helped more than 100 individuals seeking Masonicare or other services..

Educational Videos & Vlogs

Our online library of short, informative videos and monthly Vlogs are available on our website - masonicare.org. Titles include:

- Introduction to Care Connect Navigator
- Home Health, Hospice & Palliative Care: Understanding Home Care
- Home Health, Hospice & Palliative Care: Occupational Therapy
- Short Term Rehab, Skilled Nursing and Respite Stays: Admissions Process
- Compassionate Palliative and Hospice Care: Easing Pain
- In-Home Care with Masonicare at Home: Your Comfort, Our Priority
- Navigating Medicaid: Secure Your Future with Masonicare's Guidance
- Helpful Suggestions for Dealing with Depression and Stress During the Holiday
- New Years Solutions: Setting Yourself Up for Success for 2024
- Three Powerful Ways for Seniors to Improve Their Heart Health



